



# Tae Kwon Karate Newsletter



Volume 14 Issue 6 June, 2024

**Message to Students & Instructors:** Recognize that students have different learning styles and backgrounds. Be flexible in your teaching methods and adapt to their needs.

*Master Camilo Centeno*

## Monthly Tip:

Break down larger goals into smaller, manageable steps.

## The Tournament!

Thank you for attending our Tournament that passed on May 18 May 2024.

I am very grateful to UTF of Portland, who have long supported us with their participation, and being part of our family.

For the first time, the participation of our friends, Traditional Taekwondo School, and White Tiger Martial Arts.

Tae Kwon Karate Center, Woodstock Taekwondo, Matt Dishman Taekwondo, Estacada Taekwon and White Panther Taekwondo offer our respect to each of you.

We will have another tournament by the end of Summer, and you are all welcome.

Thank you all of you again

**Congratulations to our students who were promoted last May 2024.**

**Color Belts:**

**9th Kup:**

Hugo Lipinzki

**8th Kup:**

Ivan Ford

**7th Kup:**

Anna Plumb

Dashiell VanWinkle

Oscar Sword

Maxwell VanWinkle

Samuel Sword

**6th Kup:**

Luis Rangel

Macario Cortez Ibarra

Theo Barton

**5th Kup:**

Thea Yeager

**The next Promotion Test will be**

Friday, July 5th, 2024. 6:00 PM

At the Tae Kwon Karate Center School.

3503 N Mississippi Ave.

Portland, OR. 97227

